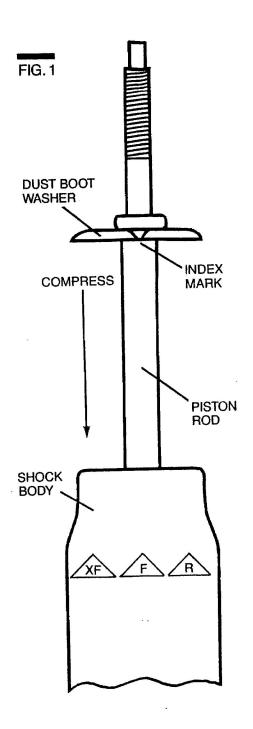
Setings	Front	Rear
Regular (R)		
Firm (F)		
Extra Firm (XF)	60-40	40/60



Shock Absorber Adjusting Instructions

The shock absorber is shipped in the Firm (F) position. To adjust to the Regular (R) or Extra Firm (XF) position, do the following:

- Align the index mark on the dust boot washer (see fig. 1) with the F triangle on the shock upper body by rotating either the shock body or piston rod.
- 2.) Compress the piston rod completely and rotate slightly in either direction until the piston rod collapses a slight additional amount.
- 3.) Holding the shock firmly collapsed, rotate the index mark toward the desired R or XF setting until a "click" is heard and the index mark is aligned with the desired setting.
- 4.) Release the shock and stroke by hand to confirm adjustment.